HABITS OF THE HOUSEHOLD

PRACTICING THE STORY OF GOD IN EVERYDAY FAMILY RHYTHMS

FAMILY AGE CHART

1- Fill in years and your corresponding ages.

Consider going in increments of 1 to 3 years, depending on what time span you choose to focus on.

2 - Write down your children's ages.

Pencil in a column for each child.

3 - Name some seasons you notice

For example, when will you all be under the same roof? When will you be in the teenage season? When will be the best time to take trips? When will you need to be the most available for conversation? When may you be sending them out of the house?

4 - Name your hopes for the future.

In light of these seasons, write down some future realities you hope to be true.

5 - Name some habits for today.

Remember, habits are small, concrete, repeating actions, but tiny habits can build enormous new realities. Feel free to use some of the habits in the book, or develop your own ideas.

6 - Pray.

Ideally, go over this with your spouse and spend an evening discussing and praying. You might also consider doing it with another couple or close family friends. Put it in a journal or on your refrigerator where you can be reminded to pray.

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Future Realities

Habits for Today











